

The Influence of Circle of Friends on Free Sex Behavior Among Adolescents from Highly Educated Families

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Abstrack

The purpose of this study was to analyze the influence of the role of family and the environment of friendship on premarital sexual behavior in adolescents who have parents with higher education backgrounds. This type of research is descriptive with a quantitative approach. This research was conducted using the method, namely by making a questionnaire related to the statement of adolescent knowledge and the influence of the friendship environment on free sex behavior among adolescents. The target of this research is adolescents aged 16 years and over. Subjects were selected using a systematic random sampling technique. The research sample was 41 adolescents. The unfavorable role of peers and family will greatly affect at-risk adolescents. The results of this study show that to prevent free sex behavior among teenagers in the school environment, it is hoped that the current regulations will be implemented, which were previously mutually agreed upon between the school and parents. In addition, it is important that counseling coupled with the application of character is one thing that schools can do to educate them. Sometimes, children want to express things that make it difficult for them to implement character education or become a good person. Not infrequently children actually have problems at home that interfere with their personality (mentally), affect their behavior and are carried out without considering their feelings and consequences.

Keywords: *Sexual behavior, Circle of Friends*

Abstrak

Tujuan penelitian ini adalah untuk menganalisis pengaruh peran keluarga dan lingkungan pertemanan terhadap perilaku seksual pranikah pada remaja yang memiliki orang tua dengan latar belakang pendidikan tinggi. Jenis penelitian ini adalah deskriptif dengan pendekatan kuantitatif. Penelitian ini dilakukan dengan menggunakan metode yaitu dengan membuat angket terkait pernyataan pengetahuan

remaja dan pengaruh lingkungan pertemanan terhadap perilaku seks bebas di kalangan remaja. Sasaran penelitian ini adalah remaja berusia 16 tahun ke atas. Subyek dipilih dengan menggunakan teknik systematic random sampling. Sampel penelitian adalah 41 remaja. Peran teman sebaya dan keluarga yang kurang baik akan sangat mempengaruhi remaja berisiko. Hasil penelitian ini menunjukkan bahwa untuk mencegah perilaku seks bebas di kalangan remaja di lingkungan sekolah diharapkan dapat diterapkan peraturan yang ada, yang sebelumnya telah disepakati bersama antara pihak sekolah dan orang tua. Selain itu, penting bahwa konseling yang dibarengi dengan penerapan karakter merupakan salah satu hal yang dapat dilakukan sekolah untuk mendidik mereka. Terkadang, anak ingin mengungkapkan hal-hal yang menyulitkan mereka dalam melaksanakan pendidikan karakter atau menjadi pribadi yang baik. Tidak jarang anak justru mengalami masalah di rumah yang mengganggu kepribadiannya (mental), mempengaruhi perilakunya dan dilakukan tanpa mempertimbangkan perasaan dan akibatnya.

Kata Kunci: *Perilaku seksual, lingkaran pertemanan*

Preliminary

Previous research studies related to the title include finding that adolescence is a transition period from children to adults, which at this time is a period of preparation for adulthood which will pass through several stages of development in life. Then in further research, it is stated that adolescence is a phase where students are still in the self-introduction stage¹. Research suggests that excessive energy causes teenagers to do negative things, or juvenile delinquency, for example, they like to seize, like to fight, show off physical strength, and often do things that violate the law, norms and are difficult to regulate². The theory argues that the family is seen as the main source of personality formation and the delivery of health messages, including adolescent reproductive health. In other words, the family is the first and foremost unit or container that is considered capable of making promotive and preventive efforts to all individuals who are members of the family so that they do not have risky sexual behavior before marriage³. From the results of previous research, the formation of the personality of teenagers from the past until now is still associated with the role of parenting because the family is said to be the first social

¹ Sari Wardani Simarmata, Fahmi Ilyas Karo karo, "Pengaruh Teman Sebaya Terhadap Perilaku Menyimpang Siswa Kelas X SMK swasta Satria Binjai Tahun Pelajaran 2017/2018", Binjai : Jurnal ANSIRU PAI, (2018), h. 1.

² Yudho Purwoko, *Memecahkan Masalah Remaja*, (Bandung : Nuansa, 2001), h. 7.

³ Effendi, Makhfudi, "Peran Faktor Keluarga dan Karakteristik Remaja Terhadap Perilaku Seksual Pranikah", *Jurnal Biometrika Kependudukan*, (2014), h. 6.

group for children where they learn from basic social things that are taught and directed by their parents as teachers. first and foremost in their lives and who are fully responsible for their upbringing⁴.

The role of education in guiding children who are studying is the difference between highly educated and uneducated parents, parents who have a high level of education tend to have higher education and tend to have high aspirations for their children's education⁵. That family education plays a very important role for the child to become an educator is the parent and the way parents guide their children to study at home is different from each other, because the level of education of parents is different, it is possible that knowledge on how to guide children in learning has not been mastered by all parents, because not all parents have a high level of education. How to guide children in studying at home will affect children's learning outcomes, so that children at school will have different learning outcomes according to the guidance children receive from their parents Association with peers in which there is intimacy and a high intensity of meetings can have an influence on other individuals in the group. That there is an emotional bond in the life of a peer group will get various benefits and great influence for individuals who are in the group. For example, curiosity arises and a desire to try the habits of one of the individuals in the group⁶. This will have a positive impact when individuals in the social group imitate the habits of one of their group friends who do positive actions. It is different when the individual imitates the negative actions of one of his friends in the group, then it is likely that the individual will imitate the negative actions of his friend.⁷

Peers are an environment for teenagers to socialize in developing their identity, the establishment of relationships between adolescents and their peers because of their interaction with each other. have the same social group, such as school friends or coworkers. Peer association can influence behavior either positively or negatively. The positive influence in question is when individuals and their peers form study groups and obey the norms in society. While the negative influence in question is sexual behavior that is carried out without going through an official marriage process according to law or according to their respective religions and beliefs⁸.

The bad environmental problems have to do with the socio-economic background. A bad environment will produce glamorous children. The second problem related to the level of delinquency for teenagers is that it has something to do

⁷ Ibid.

with household fractures or for families that are no longer intact, for example, separated from their parents or because of broken home background⁹.

In this study, we emphasize how the opinions and knowledge of adolescents on the influence of sexual deviant behavior in adolescents. By looking at the current condition of adolescent sex deviation which will allow it to increase, we discussed the influence of the circle of friends and the role of parenting patterns of highly educated parents. Considering that teenagers will not be separated from friendship and parenting from childhood, so the influence of the circle of friends of teenagers and the role of parenting parents who have a high level of education will greatly impact the behavior of teenagers at this time.

Methodology

The method used is quantitative study, this study aims to determine the effect of deviant relationships in adolescents from families with higher education. Combined data analysis on deviant behavior in families. Higher education and the influence of circle of friends on adolescents. The subjects of this study were taken online from teenagers whose parents were highly educated. The sample involved in this study were 42 participants. high school and college. The first step that the author takes in determining deviant behavior in adolescents with high families is to use a research instrument in the form of a questionnaire (questionnaire). This questionnaire data is divided into 2 parts. The first data contains 10 statements regarding knowledge about deviant behavior in adolescents, the second data in the form of a questionnaire of 10 statements regarding the effect of circle of friends on deviation among adolescents from highly educated families. In this case the respondent is given a choice of answer choices, strongly agree, agree, and disagree to answer the questions given.

Results and Discussion

The survey was conducted on youth from high school to university, with a total sample of 42 people, the results showed that there were 90% of teenagers who behaved well and 10% did not behave well. Questionnaires can be used as a measuring tool by testing the validity and reliability to see whether the questions in the questionnaire are declared valid and reliable.

The Adolescent phase has different characteristics and different characteristics from the childhood, adult, and old phases, besides that, each phase has conditions and demands that are unique to each individual. Therefore, the individual's ability to

⁹ Kartini Kartono (2013) hlm2.

behave and act in the face of a situation differs from one phase to another. This is evident when a person expresses his emotions. (Sayyid Muhammad, 2007)

Peers are a place to get information that is not available in the family, a place to increase abilities, and a second-place after the family which directs itself towards good behavior and provides input (correction) for its shortcomings, of course, will have a positive impact on the youth concerned. Teenagers have a tendency that peers are a place to learn independently from adults, learn to conform to group standards, learn to share feelings, be sporty, learn, accept and carry out responsibilities. Learn to behave in a good social manner and learn to cooperate. We often see the phenomenon of adolescent life from various information, both from print and electronic media, such as rampant drug use among teenagers, brawls, free sex, rape, drinking, smoking, and others that are harmful. At this time we are shown with news of the rape of minors, of course, these deviations in behavior are very dangerous for security in society. The various impacts of this deviant behavior arise from one of them coming everyday peer interactions. Therefore, we should always be introspective in avoiding a life that has deviated.

The process of adolescent self-adjustment development is marked by the emergence of very high dynamics of development in the family, bringing imperative implications for the importance of educational interventions that are carried out systematically, seriously, and coordinated to help the adolescent development process to develop in a better direction. The role of education that can be done by parents, among others, in family life must be the creation of an educative interaction, parents can provide a stimulus to avoid a negative identity in the real teenager, and parents can be used as a model for teenagers in all their Behavior. (Juli Andriani, 2016)

Dr. Kartini Kartono also argues that the factors that cause juvenile delinquency include:

1. Children do not get the attention, affection, and educational guidance of their parents, especially the guidance of the father, because the father and mother are each busy dealing with their own problems and inner conflicts.
2. Unfulfilled physical and psychological needs of teenagers, children's wishes and expectations cannot be channeled satisfactorily, or do not get compensation.
3. Children never get the physical and mental training that is necessary for a normal life, they are not accustomed to good discipline and self-control.

Thus, attention and affection from parents is an influential impulse in the psyche of a teenager in shaping the personality and attitudes of teenagers every day. So attention and affection from parents are factors causing juvenile delinquency.

From the results of our research, children of educated parents are better at this deviant behavior, they prefer to avoid it because their parents' upbringing governs everything. This is very much in line with Freud's opinion that "education in the family will greatly influence further education, the level of parental education, the economic level of parents, can determine attitudes and values that are used as guidelines in life, even including the learning process at home (informal). (Philip Robinson, 2005)

Parents who have different educational backgrounds will pay more attention to all changes and developments that occur in their children in different ways. Parents generally know how the level of child development is and how good parenting is in accordance with the child's development, especially for the formation of a good personality for children. Parents who generally can teach manners to others, both in speaking and in other ways. Children who are raised in a family environment that is economically adequate, are generally healthy and grow faster in body compared to children from poor (poor) families. This statement illustrates that, parents with a certain level of education must know and understand how to educate and shape their child's personality, because they are able to provide appropriate responses and effective and enjoyable parenting for their children.

From the results of the review obtained from 42 respondents, adolescents (90%) have good knowledge and concern for the problem of adolescent deviance.

These factors are not only from parents as for external factors such as factors in the circle of friends themselves, But association with peers can bring a person towards positive and negative. In the lives of adolescents with whom they befriend is an important identity, and they then behave according to who they group with. Adolescents who have difficulty in adjusting tend to be disapproved of by prosocial youth groups, causing them to eventually join groups of teenagers who behave defiantly. In addition to having a positive influence on adolescent development, friendship can also have a negative influence, such as in terms of attitudes and behavior. Teenagers with high friendship qualities will have the possibility to influence each other. This is because they spend more time together, plus they admire each other, so they want to participate in the same activities as their friends.

From the results of our research, the influence of friendship is very influential on life, it is affected by a teenager according to the way he responds to it, but friendship is really very influential starting from his behavior and attitude.

Finally, from the research data, it is known that from 42 participants, parents (90%) are included in the category of good parents, and have a high level of concern and awareness of the problem of adolescent deviation. Finally, from research data 42 participants, included in the category of children whose parents are highly educated, have a high level of awareness of deviant behavior experienced by adolescents. According to (Puput Ayu Nengsih, 2021) Parents are the first to teach education to their children, from toddlers, children to adults. However, there are also parents who cannot guide their children anymore in learning because they are already in school and there are teachers who teach, or because they are busy. Well, this is where an evaluation must be carried out, where parents cannot be separated from guiding their children in learning even though the children are already in school and there are teachers who teach while at school, but parents must continue to guide their children's learning and monitor the children's daily activities.

Conclusion

Based on the results of the study, it can be concluded that the role of the circle of friends in adolescents is very influential and the role of parenting and the level of education of parents on the future of adolescents. This is very influential for children both in terms of goodness and things that are deviant, there are many teenagers who are involved in this deviation, with the influence of parenting parents who have a high level of education will definitely teach them how children must be selective in finding friendship, it is very important for a child in adolescence to have the role of parenting and higher education with a circle of delinquency in the association at this time. This is shown by the results of the calculation of the questionnaire that has been distributed which shows that there are few results of teenagers who do not behave well. Suggestions for further writers, who are expected to consider the limitations contained in this study. The limitation that the researcher found in this study was that the sample studied was limited, the scope of which was still unclear. Future researchers are expected to pay more attention to important components such as the scale used so that they are able to produce a scale that truly reflects what they want to measure.

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